



30e Asopos Driekamp 2013

HErv 1x

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|-----------------------|------------|---------|---------|---------|---------|
| 1 | 750 | Michiel Meerman | Willem III | 00:49.2 | 01:52.6 | 06:16.5 | 01:52.2 |
| 2 | 541 | Michael Heezius | Amphitrite | 00:51.6 | 01:48.0 | 06:22.8 | 01:52.9 |
| 3 | 751 | David Hoogendoorn | Orca 2 | 00:50.8 | 01:49.8 | 06:23.4 | 01:53.1 |
| 4 | 757 | Ernst de Pee | Orca 1 | 00:53.0 | 01:48.7 | 06:27.2 | 01:54.6 |
| 5 | 540 | Joris Hermans | Proteus 1 | 00:52.1 | 01:51.7 | 06:27.5 | 01:55.0 |
| 6 | 545 | Ruben van der Valk | Asopos 2 | 00:56.1 | 01:54.0 | 06:40.0 | 01:59.9 |
| 7 | 756 | Sander Doesburg | Asopos 3 | 00:58.4 | 01:55.0 | 06:54.8 | 02:03.4 |
| 8 | 544 | Boudewijn Vreugdenhil | Orca 3 | 00:53.5 | 02:05.8 | 06:52.4 | 02:03.4 |
| 9 | 753 | Robert Stroethoff | Leythe | 00:56.1 | 01:58.1 | 07:01.6 | 02:03.6 |
| 10 | 542 | Rogier von Asmuth | Asopos 1 | 01:01.0 | 01:54.3 | 06:59.8 | 02:05.4 |
| 11 | 755 | Stef Zuidershoudt | Leythe 2 | 01:02.2 | 02:07.8 | 07:15.3 | 02:12.5 |
| 12 | 754 | Sander van Nielen | Asopos 4 | 01:10.9 | 02:22.5 | 07:59.2 | 02:28.0 |
| 13 | 752 | Tobias de Pagter | Gyas | | | | |

HErv 2x

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|---|------|-----------------------|---------|---------|---------|---------|---------|
| 1 | 325 | Jens van den Boogaard | Phocas | 00:50.3 | 01:41.9 | 05:55.8 | 01:47.0 |
| 2 | 320 | Ewout Visscher | Aegir | 00:56.4 | 01:52.8 | 07:37.8 | 02:06.1 |
| 3 | 322 | Harm van der Wal | Gyas | 01:08.5 | 01:58.9 | 06:26.3 | 02:08.2 |
| 4 | 323 | Luuk Ursem | Proteus | 01:17.8 | 02:06.8 | 06:46.2 | 02:19.3 |
| 5 | 321 | Wouter van Bruggen | Triton | | | | |

HErv 2-

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|---|------|------------------|---------|---------|---------|---------|---------|
| 1 | 740 | Sjoerd Vogels | Phocas | 00:49.8 | 01:41.3 | 05:57.0 | 01:46.6 |
| 2 | 742 | Mark Nijland | Skøll | 00:50.0 | 01:43.2 | 06:06.0 | 01:48.4 |
| 3 | 741 | Karel van Leeuwe | Proteus | 00:56.6 | 02:02.5 | 06:38.0 | 02:02.8 |
| 4 | 743 | Tommy Bunte | Orca | 01:22.1 | 01:53.0 | 06:26.9 | 02:15.4 |

H4+ (Cat A)

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|----------------------------|---------------|---------|---------|---------|---------|
| 1 | 527 | Gijs Boosten | Orca 1 | 00:47.2 | 01:36.4 | 05:39.1 | 01:41.3 |
| 2 | 525 | D.S. van Holthe tot Echten | Laga 1 | 00:47.2 | 01:39.2 | 05:56.7 | 01:44.2 |
| 3 | 522 | Niels le Duc | Skøll | 00:50.2 | 01:42.5 | 05:54.4 | 01:47.0 |
| 4 | 523 | Simon Dippel | Orca 2 | 00:49.6 | 01:44.4 | 06:03.1 | 01:48.2 |
| 5 | 531 | E.T. Steensma | Laga 2 | 00:50.2 | 01:45.3 | 06:09.0 | 01:49.6 |
| 6 | 524 | T.P.W. van Koelen | Laga 3 | 00:52.0 | 01:46.9 | 05:55.2 | 01:49.8 |
| 7 | 521 | Jasper Kamp | Gyas 1 | 00:52.7 | 01:45.3 | 05:58.5 | 01:50.0 |
| 8 | 526 | H. van der Meer | Laga 4 | 00:51.7 | 01:46.9 | 06:13.0 | 01:51.5 |
| 9 | 529 | Stefan Lorist | Euros 1 | 00:53.6 | 01:47.9 | 06:15.9 | 01:53.5 |
| 10 | 520 | Leon Kooijman | Argo | 00:52.7 | 01:51.7 | 06:11.8 | 01:53.7 |
| 11 | 528 | Robin ten Brinck | Asopos/Leythe | 00:51.7 | 01:53.7 | 06:13.0 | 01:53.8 |
| 12 | 530 | Montyn Stoffels | Gyas 2 | | | | |

HOnerv C4+

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|---|------|---------------------|----------|---------|---------|---------|---------|
| 1 | 366 | Stein de Vos | Asopos 1 | 00:52.4 | 01:50.9 | 06:10.1 | 01:53.0 |
| 2 | 362 | Jelle Schwantje | Skøll | 00:54.2 | 01:52.1 | 06:05.3 | 01:54.1 |
| 3 | 367 | J. Kloeke | Laga | 00:53.1 | 01:52.1 | 06:22.3 | 01:55.2 |
| 4 | 360 | Floris Hooghiemstra | Asopos 2 | 00:57.6 | 02:04.4 | 06:37.8 | 02:04.1 |
| 5 | 364 | Simon van Goeverden | Asopos 3 | 00:58.2 | 02:04.3 | 06:36.0 | 02:04.2 |
| 6 | 361 | Robert Stella | Asopos 6 | 01:01.1 | 02:10.6 | 07:07.2 | 02:11.7 |
| 7 | 365 | Michael Dang | Asopos 5 | 01:05.1 | 02:11.2 | 07:16.2 | 02:15.6 |
| 8 | 363 | Mark van de Beld | Orca | | | | |
| 9 | 368 | Tom van Boheemen | Asopos 4 | | | | |

HLente C4+



30e Asopos Driekamp 2013

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|---------------------|------------|---------|---------|---------|---------|
| 1 | 583 | Robin Potze | Gyas 1 | 00:55.3 | 01:55.5 | 06:59.8 | 02:02.0 |
| 2 | 582 | Wouter Mug | Gyas 2 | 00:58.8 | 01:56.9 | 06:52.0 | 02:03.9 |
| 3 | 589 | Emiel Melchers | Pelargos 1 | 00:59.6 | 01:58.4 | 06:47.4 | 02:04.4 |
| 4 | 584 | Raymond van der Kam | Skøll | 00:57.6 | 01:57.9 | 07:02.6 | 02:04.6 |
| 5 | 586 | Felix Gartung | Orca 1 | 01:00.3 | 02:03.2 | 07:36.0 | 02:11.9 |
| 6 | 587 | Pieter de Weerd | Asopos 4 | 01:01.7 | 02:07.2 | 07:22.6 | 02:12.7 |
| 7 | 585 | Jarno Hagelen | Asopos 3 | 01:06.2 | 02:02.8 | 07:13.5 | 02:13.2 |
| 8 | 590 | Peter Klompmaker | Orca 2 | 01:01.4 | 02:10.7 | 07:28.9 | 02:14.4 |
| 9 | 580 | Freddie Kramers | Pelargos 2 | 01:06.5 | 02:14.0 | 07:58.2 | 02:22.1 |
| 10 | 588 | Ruud de Vaan | Asopos 1 | 01:06.8 | 02:12.7 | 08:02.3 | 02:22.3 |
| 11 | 581 | Niels Groeneveld | Asopos 2 | 01:09.2 | 02:18.2 | 07:54.1 | 02:24.9 |

HCI 8+

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|---------------------|-----------|---------|---------|---------|---------|
| 1 | 401 | Gijs Koetsenruijter | Argo | 00:43.9 | 01:27.1 | 05:09.8 | 01:32.7 |
| 2 | 306 | J.J. de Visser | Laga | 00:44.4 | 01:30.7 | 05:00.3 | 01:33.2 |
| 3 | 301 | Jorrit Molendijk | Proteus 1 | 00:45.2 | 01:32.9 | 05:01.6 | 01:34.6 |
| 4 | 305 | Jorg van gerwen | Orca | 00:46.4 | 01:31.9 | 05:02.0 | 01:35.1 |
| 5 | 303 | Freek Hoekstra | Asopos 1 | 00:45.9 | 01:33.7 | 05:01.2 | 01:35.3 |
| 6 | 404 | Tim Neefs | Phocas | 00:45.0 | 01:28.9 | 05:24.1 | 01:35.6 |
| 7 | 302 | Erniel de Boer | Skøll | 00:45.4 | 01:33.4 | 05:11.2 | 01:36.0 |
| 8 | 402 | Thorben Silje | Gyas | 00:46.6 | 01:29.7 | 05:15.5 | 01:36.0 |
| 9 | 304 | Christiaan Tuijl | Nereus 1 | 00:46.1 | 01:34.0 | 05:06.7 | 01:36.1 |
| 10 | 308 | Daan Schoone | Njord 1 | 00:46.1 | 01:33.0 | 05:09.9 | 01:36.1 |
| 11 | 403 | Harm Langwerden | Thêta | 00:45.0 | 01:33.6 | 05:29.4 | 01:37.8 |
| 12 | 405 | Nick Teunisse | Proteus 2 | 00:45.2 | 01:32.1 | 05:45.6 | 01:39.2 |
| 13 | 400 | Gilles Ottervanger | Asopos 2 | 00:47.1 | 01:33.7 | 05:34.8 | 01:39.9 |
| 14 | 307 | Robin Bakker | Okeanos | 00:48.3 | 01:38.2 | 05:20.1 | 01:40.5 |
| 15 | 300 | Ricks Schalk | Proteus 3 | 00:49.1 | 01:41.0 | 05:36.5 | 01:43.8 |

DErv 1x

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|---|------|---------------------|--------|---------|---------|---------|---------|
| 1 | 382 | Meaghan Polack | Skøll | 00:59.5 | 02:09.2 | 07:04.4 | 02:09.9 |
| 2 | 387 | Anne van Schip | Gyas 1 | 00:59.8 | 02:12.5 | 07:23.3 | 02:13.3 |
| 3 | 383 | Mariska Kapelle | Aegir | 01:02.6 | 02:12.8 | 07:14.0 | 02:14.2 |
| 4 | 380 | Nannet Fabri | Orca 2 | 01:03.3 | 02:12.8 | 07:21.0 | 02:15.5 |
| 5 | 384 | Jill Soedarso | Argo | 01:03.1 | 02:16.3 | 07:20.9 | 02:16.5 |
| 6 | 381 | Jeemijn Scheen | Orca 1 | 01:03.7 | 02:18.4 | 07:37.8 | 02:19.5 |
| 7 | 385 | Stacey van Woggelum | Asopos | 01:08.4 | 02:23.9 | 07:47.2 | 02:25.5 |
| 8 | 386 | Grietina van Wijk | Gyas 2 | 01:04.5 | 03:09.6 | 06:59.5 | 02:32.8 |

DErv 2x

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|------------------------|-------------|---------|---------|---------|---------|
| 1 | 452 | Romy Verschoor | Orca 4 | 00:51.3 | 01:52.5 | 07:16.6 | 02:00.2 |
| 2 | 561 | L.W. Hidding | Laga | 00:59.1 | 01:53.2 | 06:40.4 | 02:01.6 |
| 3 | 562 | Sterre Scholten | Skøll | 00:55.3 | 01:56.5 | 06:57.8 | 02:02.1 |
| 4 | 570 | Lotte Dijkstra | Spaarne | 00:58.5 | 01:59.5 | 06:58.6 | 02:05.4 |
| 5 | 566 | Havananda Ombashi | Asopos | 00:58.0 | 02:00.4 | 07:04.4 | 02:06.0 |
| 6 | 560 | Simone Verkleij | Okeanos 1 | 00:58.0 | 02:07.3 | 06:53.3 | 02:07.0 |
| 7 | 451 | Jennifer Mens | Leythe 1 | 01:04.4 | 02:00.8 | 06:49.1 | 02:08.7 |
| 8 | 457 | Florence van den Berg | Rijnland | 01:01.3 | 02:04.4 | 06:57.1 | 02:08.7 |
| 9 | 563 | Leora Tonus | Phocas | 01:02.8 | 02:01.6 | 07:05.1 | 02:09.6 |
| 10 | 569 | Annemiek Bolier | Orca 3 | 00:58.5 | 02:05.0 | 07:27.5 | 02:10.4 |
| 11 | 455 | Marieke van de Graaff | Orca/Phocas | 01:02.8 | 02:06.5 | 07:04.8 | 02:11.2 |
| 12 | 568 | Yvette van den Berkhof | Gyas 1 | 01:07.1 | 02:01.7 | 07:14.9 | 02:13.7 |
| 13 | 454 | Sophie Westerik | Gyas 2 | 01:02.5 | 02:10.0 | 07:21.1 | 02:14.0 |
| 14 | 567 | Fraukje Martens | Aegir | 01:02.0 | 02:02.3 | 08:31.3 | 02:18.9 |
| 15 | 456 | Pam de Haas | Triton | 01:07.9 | 02:12.8 | 07:39.5 | 02:20.6 |
| 16 | 564 | Femke During | Okeanos 2 | 01:14.1 | 02:05.4 | 10:35.3 | 02:41.8 |
| 17 | 565 | Myrthe van de Venne | Orca 1 | | | | EXC |

D4*

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|---|------|-----------------|-------|---------|---------|---------|---------|
| 1 | 730 | Anne van Sluijs | Gyas | 00:57.5 | 01:50.5 | 06:18.1 | 01:57.2 |



30e Asopos Driekamp 2013

| | | | | | | | |
|---|-----|------------------------|-------------------------|---------|---------|---------|---------|
| 2 | 733 | Carlijn Haringsma | DDS 1 | 01:00.4 | 01:56.9 | 06:26.1 | 02:02.1 |
| 3 | 732 | Sara-Jane van der Vegt | Willem III/Nereus/Skøll | 01:58.4 | 01:59.3 | 06:40.5 | 02:03.2 |
| 4 | 731 | Annemiek Bosma | Leythe | 01:02.1 | 02:02.0 | 06:43.5 | 02:06.9 |

D4+ (Cat A)

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|--------------------------|----------|---------|---------|---------|---------|
| 1 | 432 | Emma Wiebes | Orca 2 | 00:53.5 | 01:51.0 | 06:28.9 | 01:55.9 |
| 2 | 438 | Mirjam Gelauf | Asopos 1 | 00:54.3 | 01:52.7 | 06:25.6 | 01:56.6 |
| 3 | 424 | Lisanne van Alphen | Phocas 2 | 00:54.6 | 01:51.8 | 06:36.0 | 01:57.7 |
| 4 | 423 | Hanne Mooij | Skøll 2 | 00:56.0 | 01:48.9 | 06:39.2 | 01:58.0 |
| 5 | 421 | Alette Boersen | Aegir | 00:56.3 | 01:52.1 | 06:29.1 | 01:58.1 |
| 6 | 431 | Emma van Dijk | Phocas 1 | 00:56.2 | 01:54.9 | 06:32.2 | 01:59.3 |
| 7 | 420 | Merrit Beck | Skøll 1 | 00:57.3 | 01:55.2 | 06:36.2 | 02:00.6 |
| 8 | 426 | Maloe Kelderman | Triton | 00:57.2 | 01:55.8 | 06:36.4 | 02:00.8 |
| 9 | 430 | Saskia Euser | Asopos 3 | 00:56.3 | 01:57.3 | 06:37.0 | 02:00.8 |
| 10 | 427 | Lianne Klein Schaarsberg | Gyas | 00:57.8 | 01:54.7 | 06:36.7 | 02:00.8 |
| 11 | 429 | K.E.M. Ranta | Laga | 00:55.4 | 01:57.6 | 06:43.3 | 02:00.9 |
| 12 | 437 | Lisa Vos | Nereus 1 | 00:57.8 | 01:55.8 | 06:38.6 | 02:01.4 |
| 13 | 428 | Floor Steenvoorden | Argo 1 | 00:57.0 | 02:00.1 | 06:50.4 | 02:03.6 |
| 14 | 434 | Iris van Leeuwen | Euros | 00:57.6 | 02:00.7 | 06:55.0 | 02:04.7 |
| 15 | 433 | Sophie van der Meer | Orca 3 | 00:59.4 | 02:03.6 | 07:00.4 | 02:07.5 |
| 16 | 436 | Ester Pothuis | Argo 2 | 01:02.1 | 02:05.6 | 06:48.0 | 02:08.6 |
| 17 | 435 | Willemijn Vredegoor | Orca 4 | 01:00.7 | 02:08.4 | 07:13.3 | 02:11.4 |
| 18 | 422 | Naomi Brinkmans | Pelargos | | | | |
| 19 | 425 | Puck Jeekel | Orca 1 | | | | |

DOnerv C4+

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|---------------------|----------|---------|---------|---------|---------|
| 1 | 471 | Esther Blik | Asopos 2 | 00:57.9 | 02:00.1 | 06:46.6 | 02:03.8 |
| 2 | 475 | Jolien Verweij | Skøll 1 | 00:59.6 | 02:04.5 | 07:04.2 | 02:08.3 |
| 3 | 470 | Sinead Morley | Asopos 3 | 01:01.1 | 02:08.4 | 07:27.9 | 02:13.3 |
| 4 | 477 | Hanne Verpoorten | Asopos 5 | 01:02.8 | 02:15.7 | 07:43.6 | 02:18.6 |
| 5 | 473 | Lianne van Staveren | Asopos 4 | 01:03.4 | 02:15.1 | 07:42.9 | 02:18.8 |
| 6 | 472 | Myrna van Oorschot | Asopos 1 | 01:05.9 | 02:13.1 | 07:43.9 | 02:19.9 |
| 7 | 478 | Eveline Bakker | Skøll 2 | 01:06.2 | 02:12.9 | 07:43.9 | 02:20.0 |
| 8 | 474 | Philine Korver | Asopos 6 | 01:02.8 | 02:19.8 | 07:47.7 | 02:20.4 |
| 9 | 476 | Rosanne Madern | Asopos 7 | 01:04.3 | 02:23.4 | 08:01.9 | 02:24.2 |
| 10 | 479 | Ella van de Pol | Orca | | | | |

DLente C4+

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|----------------------|------------|---------|---------|---------|---------|
| 1 | 790 | Daphne Brouwer | Gyas | 01:04.9 | 02:11.2 | 07:35.9 | 02:17.7 |
| 2 | 796 | Esther van de Mortel | Skøll | 01:04.1 | 02:18.8 | 07:54.4 | 02:21.7 |
| 3 | 795 | Laura Ackermans | Orca 2 | 01:10.0 | 02:17.5 | 07:37.7 | 02:23.3 |
| 4 | 799 | Anne van Schoonhoven | Pelargos 1 | 01:12.8 | 02:16.4 | 07:41.5 | 02:25.3 |
| 5 | 798 | Ilse van Hoorn | Orca 1 | 01:12.0 | 02:19.1 | 07:57.6 | 02:27.4 |
| 6 | 794 | Evelien Lageweg | Asopos 2 | 01:08.4 | 02:20.7 | 08:26.8 | 02:28.8 |
| 7 | 792 | Rosa van Santbrink | Okeanos | 01:09.0 | 02:21.6 | 08:21.7 | 02:29.0 |
| 8 | 791 | Cheron Huskens | Pelargos 2 | 01:15.6 | 02:23.8 | 07:56.4 | 02:31.3 |
| 9 | 793 | Evelien Regtvoort | Asopos 3 | 01:10.4 | 02:31.3 | 08:50.3 | 02:36.3 |
| 10 | 797 | Beatrijs Bovens | Asopos 1 | 01:18.6 | 02:37.5 | 08:37.5 | 02:42.4 |

DCI 8+

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|---------------------|----------|---------|---------|---------|---------|
| 1 | 503 | Eline de Jong | Nereus 1 | 00:49.1 | 01:40.2 | 05:48.0 | 01:44.8 |
| 2 | 502 | Laura Lemoine | Skøll | 00:50.6 | 01:44.2 | 05:44.6 | 01:46.8 |
| 3 | 504 | Sanne Duinkerken | Okeanos | 00:52.1 | 01:44.0 | 05:52.2 | 01:48.5 |
| 4 | 704 | Jolanda Faber | Asopos 1 | 00:52.1 | 01:42.2 | 05:58.6 | 01:48.6 |
| 5 | 500 | N.E. Hooning | Laga | 00:50.2 | 01:45.8 | 06:00.2 | 01:48.7 |
| 6 | 702 | Eveline Schipper | Njord | 00:51.6 | 01:47.3 | 06:04.5 | 01:50.6 |
| 7 | 700 | Evelien Baltissen | Triton | 00:52.3 | 01:51.0 | 06:04.1 | 01:52.3 |
| 8 | 501 | Renée Smit | Asopos 2 | 00:54.5 | 01:49.8 | 06:24.6 | 01:55.6 |
| 9 | 701 | Jacoline Hoogenboom | Asopos 3 | 00:54.7 | 01:52.5 | 06:34.7 | 01:57.8 |
| 10 | 703 | Mette Lammertink | Gyas | 00:52.6 | | | |

MixErv 2x



30e Asopos Driekamp 2013

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|---|------|---------------------|------------------|---------|---------|---------|---------|
| 1 | 777 | Laurens Smit | Asopos/Proteus3 | 00:53.2 | 01:48.2 | 06:21.9 | 01:53.9 |
| 2 | 770 | Evelijn Plantenberg | Asopos/Proteus 2 | 00:53.4 | 01:51.0 | 06:17.2 | 01:54.5 |
| 3 | 774 | Anne van Schip | Gyas 1 | 00:55.8 | 01:51.5 | 06:27.3 | 01:57.4 |
| 4 | 772 | C. Koppel | Njord/Laga | 00:58.5 | 01:56.5 | 06:35.3 | 02:01.7 |
| 5 | 773 | Mark Rodenburg | Asopos/Proteus 1 | 00:57.6 | 01:58.8 | 06:39.7 | 02:02.4 |
| 6 | 776 | Wietske Hemminga | Gyas 4 | 01:01.3 | 01:57.5 | 06:35.3 | 02:04.0 |
| 7 | 778 | Annemarie Brandsma | Gyas 3 | 01:09.1 | 01:56.5 | 06:35.4 | 02:08.8 |
| 8 | 771 | Eefje Vredeveldt | Proteus | 01:03.9 | 02:01.6 | 07:10.4 | 02:11.0 |
| 9 | 775 | Grietina van Wijk | Gyas 2 | | | | |

D4+ (Cat B)

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|----|------|------------------------|-----------|---------|---------|---------|---------|
| 1 | 344 | Tess van Striem | Proteus 2 | 01:00.5 | 02:03.4 | 06:48.2 | 02:06.8 |
| 2 | 342 | Rianne Lachmeijer | Okeanos 2 | 01:01.0 | 02:08.2 | 06:48.7 | 02:08.8 |
| 3 | 341 | Astrid van Smoorenburg | Proteus 1 | 01:03.3 | 02:06.0 | 06:54.6 | 02:10.3 |
| 4 | 343 | Floor Terwindt | Okeanos 1 | 01:01.9 | 02:07.2 | 07:00.0 | 02:10.4 |
| 5 | 348 | Ilse Dijkstra | Saurus 1 | 01:01.3 | 02:08.6 | 07:12.6 | 02:11.8 |
| 6 | 346 | Merle Schots | Argo 2 | 01:01.8 | 02:10.3 | 07:09.3 | 02:12.3 |
| 7 | 349 | Lucy van Dieijen | Saurus 2 | 01:04.1 | 02:16.1 | 07:04.9 | 02:15.3 |
| 8 | 340 | Susan Lesker | Orca 1 | 01:08.2 | 02:16.1 | 06:46.7 | 02:16.0 |
| 9 | 350 | Marieke Suters | Orca 2 | 01:09.3 | 02:30.0 | 07:29.0 | 02:26.1 |
| 10 | 345 | Line Verweij | Argo 3 | 01:51.6 | 02:09.1 | 07:08.8 | 02:45.1 |

H4+ (Cat B)

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|---|------|--------------------|----------|---------|---------|---------|---------|
| 1 | 721 | Nort Hesse | Orca | 00:53.1 | 01:45.6 | 05:57.5 | 01:50.3 |
| 2 | 722 | Tom Cremer | Triton 1 | 00:53.6 | 01:46.0 | 06:02.0 | 01:51.3 |
| 3 | 720 | Maurits Ridder | Nereus 1 | 00:53.1 | 01:46.0 | 06:14.7 | 01:52.4 |
| 4 | 723 | Philip van der Zee | Triton 2 | 00:56.4 | 01:52.8 | 06:30.6 | 01:58.6 |

Bestuurs B4+

| # | rug# | slag | ploeg | 250 m | 500 m | 1500 m | Totaal |
|---|------|------|-------|-------|-------|--------|--------|
|---|------|------|-------|-------|-------|--------|--------|